

By completing the following Nomination Form you are nominating as an athlete for the RLSSA Team attending the Commonwealth Festival of Lifesaving 2019.

This Nomination Form requires endorsement by the CEO (or delegate) of the athlete's Royal Life Saving State/Territory Member Organisation.

This Nomination Form should be submitted by 5pm AEDT on Monday 12th August via the submission form on the RLSSA Sport Hub: <https://www.sport.royallifesaving.com.au/commonwealth-festival-of-lifesaving>

Nominees will be notified of the outcome of their nomination by **Monday 26th August 2019**.

For queries regarding the nomination and/or selection process, please contact Caitlin Turner, RLSSA Project Officer – Lifesaving Sport and Development:

E: cturner@rlssa.org.au
P: (02) 8217 3154

PERSONAL DETAILS			
First Name:			
Surname:			
Email address:			
Date of birth:			
Mobile Number:			
RLS STMO:		RLS Club:	
Home Address:			
Passport Number:		Expiry:	
Pool Lifesaving coach name:			
Coach email address:			
Coach phone number:			

TRAVEL ARRANGEMENTS

The estimated tour dates for the RLSSA Team include departure from Australia on the 17th November 2019 and return to Australia on the 26th November 2019 (departing the UK on the 24th November 2019). The RLSSA Team will travel as a group for all international flights and where possible, with other team members for domestic connections.

Please indicate the Australian domestic airport from which you will depart and return to:

Domestic airport departing:

Domestic airport return:

COMPETITION HISTORY

Please list your top 3 times for the following events, and date achieved:

200m Obstacles	1.	Date:	100m Manikin Tow	1.	Date:
	2.	Date:		2.	Date:
	3.	Date:		3.	Date:
12.5m Line Throw	1.	Date:	50m Manikin Carry	1.	Date:
	2.	Date:		2.	Date:
	3.	Date:		3.	Date:
100m Manikin Carry (fins)	1.	Date:	200m Super Lifesaver	1.	Date:
	2.	Date:		2.	Date:
	3.	Date:		3.	Date:
100m Rescue Medley	1.	Date:			
	2.	Date:			
	3.	Date:			

Please list your swimming and lifesaving achievements over the past 5 years including team or squad selections, records, and/or awards:

Please list and provide details of any international sport teams or tours that you have participated in (may include sports other than lifesaving):

Outside of your participation as an athlete, please list and describe any lifesaving activities you are involved with (RLSSA or SLSA), including coaching, mentoring, leadership or volunteering:

Please describe your motivation for nominating for the RLSSA Team and lifesaving aspirations:

NOMINEE ENDORSEMENT

I declare that:

- All information provided on this nomination form is correct;
- I am a current and financial member of a Royal Life Saving State or Territory Organisation, and in good-standing;
- I meet the eligibility criteria set out in Selection Policy;
- I have read, understood and accepted the Selection Policy;
- I understand that my selection to the RLSSA Team is subject to return of the signed Athlete Agreement following my selection by the specified date.

Nominee Signature:		Date	
Parent/Guardian Signature of athlete (if under 18 years)	NAME: SIGNATURE:	Date	
STMO CEO Endorsement:	NAME: SIGNATURE:	Date	